

LEADERSHIP – LEVEL 2

Course title	Leadership - Work with people
Number of days	5
Annotation	Psychology and work with people is part of the daily work for almost all leaders. This field is infinite as well as countless number of human natures. Fortunately, you don't have to be psychologists to learn how to deal with people and understand their thinking and motives. This training will help you to understand your colleagues, business partners, neighbors, but also your wife and kids. You will learn to read "between the lines" and see what is often hidden behind human behavior. From this training you can take away a lot of new ideas that you can use in communication with everyone.
Suitable for:	Leaders, managers, entrepreneurs, every professional
Learning topics	
People and Emotions	Types of personalities Basics about thinking How do we perceive our emotions How do I look in the eyes of others How do we perceive other people's emotions Understanding emotions How do I judge others How do I judge different situations Exercises
Communication at Work	Empathy Emotional intelligence Basics of communication Interpersonal relationships Burnout syndrome Problems of workload Conflicts at the workplace Art of giving feedback Art of negotiation Art of asking questions Reporting of results Leadership on the ground Types of leaders Exercises
Work with People	Competitiveness Motivation First impression Negotiation

	<ul style="list-style-type: none"> Influencing Sense of humor Establishing trust Receiving criticism Adaptability Creative thinking Positive thinking Reasons for conflicts Solutions to conflicts Coping with failure Exercises
True Leadership	<ul style="list-style-type: none"> People management and leadership skills Leaders' Roles Recognizing talents and abilities Empathy Exercises
Discussion, summary, conclusion	
Connected trainings:	<ul style="list-style-type: none"> Leadership - True Leader Leadership - Lead Your Field